The work/ energy theorem:

$$
W=\Delta E \quad\left[\begin{array}{l}
\text { potential } \\
\text { kinetic }
\end{array}\right.
$$

This theorem states that the work done on an object or by an object is equal to the change in energy that the object receives or gives.

As an eq. $W=\Delta E$

$$
\Delta \mathrm{E}=\Delta \mathrm{Ep}+\Delta \mathrm{Ek}+\Delta \mathrm{Q}
$$

A car of mass 1000 kg travels at $90(\mathrm{~km} / \mathrm{h}$, it is slowed to $36 \mathrm{~km} / \mathrm{h}$ over a distance of 50 m on a level road. Find a) the work on the car


$$
\begin{aligned}
& \begin{array}{l}
V_{0}=90 \frac{\mathrm{~km}}{\mathrm{~h}_{r}} \rightarrow 36 \frac{\mathrm{~km}}{\mathrm{hr}} \\
W=\Delta E=\Delta E_{k}+\Delta E_{p}
\end{array} \\
& =\frac{m v_{f}^{2}}{2}-\frac{m v_{i}{ }^{2}}{2^{2}}=\frac{m\left(v_{f}{ }^{2}-v_{i}^{2}\right)}{\xi^{2}} \\
& =\frac{1000}{2}\left(10^{2} \frac{n}{s}-25^{2} \frac{r^{2}}{s}\right) \\
& =-263,000 \mathrm{~J}=263 \mathrm{KJ}
\end{aligned}
$$

A cat of mass 5.0 kg receives $1.00 \times 10^{4} \mathrm{~J}$ of work in a kick straight up. If its initial velocity was zero, what velocity will it have at height 20 m ?

$$
\begin{aligned}
& V_{0}=0 \quad V @ 20 \mathrm{~m}=\text { ? } \\
& \uparrow \quad \begin{array}{ll}
W=\Delta E=\Delta \epsilon_{k}+\Delta \epsilon_{p} \\
& \times 10^{4}=\frac{m}{2}\left(v_{f}^{2}-V_{i}^{2}\right)+m_{g}\left(h_{f}-h_{i}\right)
\end{array} \\
& \begin{array}{l}
1 \times 10^{4}=\frac{m}{2}\left(v_{f}^{2}-v_{i}^{2}\right)+m g\left(h_{f}-h_{i}\right) \\
1 \times 10^{4}=\frac{5}{2}\left(v_{f}^{2}-0\right)+5(9.8)(20-0)
\end{array} \\
& v_{f}=\int \frac{\left(x \times 10^{4}-5(-9.8)(20)\right](2)}{5}=66.3 \frac{\mathrm{~m}}{\mathrm{~s}}
\end{aligned}
$$

Other ways to calculate work:
W = F • d USE ONLY WHEN THE FORCE IS CONSTANT!!!!! (Which is almost never)
GRAPH

For a non-constant force use a graph of F vs. d

A cat of mass 5.0 kg is thrown down at $4.0 \mathrm{~m} / \mathrm{s}$ from height 5.0 m if the velocity is $7.5 \mathrm{~m} / \mathrm{s}$ when reaching 2.0 m height, how much heat energy was produced?

$$
\begin{gathered}
\epsilon_{p 0}+\epsilon_{k 0}=\epsilon_{\mathrm{Ff}}+\epsilon_{\mathrm{tf}}+Q \\
5(9.8)(5)+5(4)^{2}=5(9.8)(2)+5(2.5)^{2} \\
2=-46.4 \mathrm{~J} \\
Q=-2
\end{gathered}
$$

What is the force of air resistance in the previous question?

POWER is the rate at which work is done.

A cat of mass 5.0 kg is lifted a height of 2.0 m to the input of a renderer in 0.98 s , what Is the power in this experiment?

$$
\rho=\frac{w}{t}=\frac{\Delta E}{t}=\frac{m g\left(h f-h_{i}\right)}{.9 \gamma}=\frac{5(9.8)(2-0)}{.98}=100 \mathrm{Watts}
$$

A cat is dropped from height 12 m and strikes the ground at $14 \mathrm{~m} / \mathrm{s}$. If its mass was 2.0 kg , find the expected impact speed without air resistance

$$
\begin{aligned}
& t_{10}+t_{t 1}=t_{t}+t_{t+1}+4 V_{s}=? \\
& (9.8)(12)+0=0+\frac{v_{f}^{2}}{2} \\
& v_{f}=\sqrt{9 .((2)(2)} \\
& =15.3 \mathrm{~m} / \mathrm{s} \rightarrow \begin{array}{l}
\text { rest is } 10 \text { oft } \\
\text { to heat. }
\end{array} \\
& \epsilon_{p o}+\epsilon_{k 0}=\epsilon_{r f}+\epsilon_{k f z}+Q \\
& \text { (2) (9.8)(12) +0 }=0+\frac{(2) L^{2}}{2}+Q \\
& \begin{aligned}
2(a .8)(12)-\frac{2\left(14^{2}\right)}{2} & =Q \\
& =39.2 \mathrm{~J}
\end{aligned} \\
& \text { Find the difference between the expected } \mathrm{E}_{\mathrm{k}} \text { and actual } \mathrm{E}_{\mathrm{k}} \text {. }
\end{aligned}
$$

A cat of mass 3.0 kg initially at rest is kicked and viewed at height 2.0 m with a velocity of $5.0 \mathrm{~m} / \mathrm{s}$, if the process took 0.50 s what power was generated In kicking the cat (ignore air resistance)

$$
\begin{aligned}
& m=3 \mathrm{~kg} \text { @wm } \quad v=5 \mathrm{~m} / \mathrm{t}=\frac{1}{2} \mathrm{~s} \quad p=\text { ? } \\
& p=\frac{w}{t}=\frac{\Delta t}{t}=\frac{\Delta t_{p}+\Delta t_{k}}{t}=\frac{\left[3(9.8)(2-0)+\frac{3(5-0)^{2}}{2}\right]}{1 / 2} \\
& =193 \mathrm{~W}
\end{aligned}
$$

A graph below show the force used to accelerate a 10 kg cat from rest across A displacement as shown. Find the final velocity of the cat if 100 J of heat energy is generated in the process.

$$
\begin{aligned}
& F_{\text {nat }}(N)_{20}^{25} \\
& w=\Delta+\square \\
& =\frac{b h}{2}+b h \\
& =\frac{2}{2}(20)+20(15) \\
& =450 \mathrm{~J} \\
& V_{f}=\text { ? } \\
& W=\Delta E=\Delta E_{p}+\Delta E_{k_{2}}+Q \\
& 450=0+\frac{10 v^{2}}{2}+100 \\
& v=\sqrt{\frac{(430-100)^{2}}{10}}=8.37 \mathrm{~m} / \mathrm{s}
\end{aligned}
$$

A cat of mass 10 kg is dropped from 10 m and strikes the ground at $10 \mathrm{~m} / \mathrm{s}$. Find the work Done by the force of friction (hint how much $Q$ is produced) and find the force of friction.

$$
\begin{aligned}
& W=\Delta E_{p}+\Delta E_{k} \\
& \epsilon_{p o}+\epsilon_{k 0}=E_{p f}+E_{k f}+Q \\
& 10(9.8)(10)+0=0+\frac{10\left(10^{2}\right)}{2}+Q \\
& 10(9.8)(10)-5(100)=Q \\
& 480 J=Q
\end{aligned}
$$

$$
\begin{aligned}
& W=F \cdot d \\
& 480=F(10) \\
& 48=F_{f}
\end{aligned}
$$

## GRAPH FACTS!

1. Graphs are simply a picture which represent an equation
2. You need to be able to recognize the ability to swap between graphs and equations
3. All graphs have an $X$ and $Y$ axis <= identify what is on the axes
4. You will be asked to solve for some other variable
5. Identify an eqn. with the axes variables and the one you are asked to find.

Manipulate the eqn. to solve for the variable asked to find
If you have ( Y axis / X axis) the variable is the slope
If you have ( $Y$ axis $x X$ axis) the variable is the area

